FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL										
OMB Number:	3235-028									

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 193

Instructio	on 1(b).			Filed								es Exchai ipany Act			934						
1. Name and		Reporting Person*					Name :			or Trac WP]	ling S	ymbol				Check a	onship III appli Directo	cable)	g Per	son(s) to Iss 10% Ow	
(Last) 828 ARM	ast) (First) (Middle) 28 ARMISTEAD STREET					3. Date of Earliest Transaction (Month/Day/Year) 10/03/2005											Officer below)			Other (s below)	pecify
(Street) WINCHE			22601 (Zip)		4. I	f Ame	ndmen	t, Date	of C	Original	Filed	(Month/D	ay/Ye	ar)		Individ ne) X	Form f	iled by One	e Rep	g (Check Ap orting Perso n One Repor	n
		Tab	le I - Nor	n-Deriva	ative	Sec	curiti	es Ac	qu	ired,	Disp	osed (of, o	r Ber	neficia	ally O	wnec				
1. Title of Security (Instr. 3) 2. Transa Date (Month/D					ar) E	f any	ution Date,		Transaction Dispose Code (Instr. 5)			rities Acquired (A) ed Of (D) (Instr. 3, 4			4 and Securit Benefic Owned		ies Fo cially (D Following (I)		: Direct r Indirect str. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
										Code	v	Amount		(A) or (D)	Price	Reported Transacti (Instr. 3 a		tion(s)			(11150.4)
		Т	able II - I	Derivat e.g., pu						•			•			-	ned				
Derivative C Security ((Instr. 3)	vative Conversion Date Execution Date, urity or Exercise (Month/Day/Year) if any		Date, T	ransaction of Der Sec Acc (A) Dis of (rative rities ired r osed)	Exp	. Date Exercisable a Expiration Date Month/Day/Year)			Amount of Securities Underlying Derivative Secu (Instr. 3 and 4)					9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	у	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
		1	- 1				1 1	ı I			- 1		l .	- 1	Amount				- 1		I

Exercisable

10/03/2006

Explanation of Responses:

\$24

Stock Options

(Right to buy)

Lynn E. MacDonald

Expiration

10/03/2015

Title

Common

Date

10/05/2005

417

D

** Signature of Reporting Person

or Number of Shares

417

\$<mark>0</mark>

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

10/03/2005

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

10/03/2005

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Code V

A

(A) (D)

417

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.