FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT	OF CHANGES	IN BENEFICIAL	OWNERSHIP

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* CAVANNA ANTHONY J														ck all ap Dire	plicable) ctor	g Person(s) to Is ${ m X}$ 10% (Owner			
(Last) 160 EXE	(Fi TER DRIV	rst) Έ	(Middle)			B. Date of Earliest Transaction (Month/Day/Year) 08/13/2003								belo	,	Other (specify below) ce President			
(Street) WINCHESTER VA 22603-8605)5	4. If Amendment, Date of Original Filed (Month/Day/Year)								Line)	6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting						
(City)	(St	tate)	(Zip)											Person					
			Tabl	e I - Non	-Deriv	ative S	ecuritie	es Ac	quired,	Dis	posed o	f, or E	3ene	ficially	Own	ed				
1. Title of Security (Instr. 3)			2. Transaction Date (Month/Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year)	Code (Transaction Code (Instr. 8)		5)		4, 4 and	Secur Benef Owne Repor	5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)					
									Code	V	Amount	(D)) '	Price	(Instr.	3 and 4)	_			
Common						3/2003		/2003	S		100	_		\$34.69		901,880	D			
Common						3/2003	08/13		S		100		-	\$34.62	+	901,780	D			
Common						3/2003	08/13		S		100		-	\$34.65	+	901,680	D			
Common						3/2003	08/13		S		200		-	\$34.77	+ -	901,480	D			
Common						3/2003		/2003	S	ļ Ī	100		_	\$34.72	+	901,380	D			
Common						3/2003		/2003	S		100		-	\$34.73	+	901,280	D			
Common						3/2003		/2003	S		100			\$34.74 \$34.71		901,180	D D			
Common						3/2003		/2003	S		100		-	\$34.71	+	900,980	D D			
Common						3/2003	-	/2003	S	<u> </u>	100		-	\$35.27	+ -	900,880	D D			
									S				_	\$35.27 \$35.39	+ -					
Common						3/2003		/2003	S		100	_	-		+	900,780	D			
Common						3/2003 3/2003		/2003	S	Ì	164	_	_	\$35.04 \$35.03	+	900,616	D D			
Common						3/2003	-	/2003	S		200		D	\$34.8	+	900,316	D D			
Common						3/2003	08/13		S		100	_	_	\$34.84	1 -	900,216	D			
Common						3/2003	08/13		S	<u> </u>	100	_	-	\$35.09	+	900,116	D			
Common						3/2003		/2003	S		200		-	\$35.11	 	899,916	D			
Common						3/2003		/2003	S		100	_	_	\$34.93	+	899,816	D			
Common						3/2003		/2003	S		100		-	\$34.91	+	899,716	D			
Common						3/2003		/2003	S		100			\$34.9		899,616	D			
Common						3/2003	-	/2003	S		100		_	\$35.14	+ -	899,516	D			
Common	Stock				08/13	3/2003	08/13	/2003	S		100]	-	\$35.17	-	899,416	D			
			Ta	ıble II - D	erivat	ive Sec	urities	Acqu	ired, D	ispo	sed of,	or Be	nefic	ially C	wned					
	I .	I			• • •				<u> </u>		onvertib	1				1		T		
Derivative Conversion Da		Date Execution (Month/Day/Year) if any		3A. Deeme Execution if any (Month/Da	Date, Transaction Code (Instr.		on of Deriv Secu Acqu (A) o Disp of (D			6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		De Se (In	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beenficially Owned Following Reported Transaction(s (Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
						Code	(0)	(D)	Date	ble	Expiration	Title	Amou or Numl of							

Explanation of Responses:

Lynn E. MacDonald

08/14/2003

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.