SEC Form 4

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549 STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Title of Sec	curity (Instr. 3)	1	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr.	4. Securities Acquired (A Disposed Of (D) (Instr. 3, 5)	A) or	5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership	
		Table I - Non	-Derivative S	ecurities Aca	uired. Dist	oosed of, or Benef	icially	Owned			
(City)	(State)	(Zip)									
								Form filed by Mo Person	re than One Re	porting	
(Street) WINCHES	TER VA	22603-86	505				X	Form filed by On	e Reporting Per	rson	
(Stroot)			4. If A	mendment, Date of	Original Filed	l (Month/Day/Year)	6. Indiv Line)	/idual or Joint/Grou	p Filing (Check	Applicable	
160 EXETE	ER DRIVE										
Lovett Gena C (Last) (First) (Middle)				e of Earliest Transa 3/2021	action (Month/	Day/Year)		Officer (give title below)	Other (specify below)		
					inchin]		X	Director	10% 0	Owner	
1. Name and Address of Reporting Person*				uer Name and Ticke	•	Symbol	5. Relationship of Reporting Person(s) to Issue (Check all applicable)				

		(Month/Day/Year)	8)					Owned Following Reported	(I) (Instr. 4)	Ownership (Instr. 4)	
			Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(1150.4)	
Common Stock	07/28/2021		A ⁽¹⁾		364	A	\$95.1	985	D		
Table II - Derivative Securities Acquired Disposed of or Reneficially Owned											

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)		of Deriv	r osed) 7. 3, 4	Expiration Date (Month/Day/Year) ed ed		Expiration Date Amount of			9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	Ownership Form:	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v			Date Exercisable	Expiration Date	Title	Amount or Number of Shares				

Explanation of Responses:

1. This restricted stock unit award will vest on the first anniversary of the grant.

/s/ William R. Gupp by power 07/29/2021

<u>of attorney</u>

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).