FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

W	as	hing	ton,	D.C.	20549	

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL											
OMB Number:	3235-0287										
Estimated average burden											

Check this box if no longer subject to Section 16. Form 4 or Form 5

Instruction 1(b).	ontinue. See				t to Section 16(a) o				34	hours	s per response:	0.5	
1. Name and Address of Reporting Person* <u>CAVANNA ANTHONY J</u>					er Name and Ticke			Symbol		ationship of Reporti k all applicable) Director	X 10% C	Owner	
(Last) 160 EXETER DI				ction (M	onth/[Day/Year)		Officer (give title below)	Other below)	(specify)			
,		4. If Am	nendment, Date of	Original	Filed	(Month/Day/Y		6. Individual or Joint/Group Filing (Check Applicable Line)					
(Street) WINCHESTER VA 22603-8605		05							X	·			
(City)	(State)	(Zip)									1 613611		
	Ta	ble I - Nor	n-Derivati	ve S	ecurities Acqı	uired,	Dis	posed of, c	or Ben	eficially	Owned		
1. Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year)		Execution Date, ear) if any						5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership	
(Last) (First) (Middle) 3. Date of Earliest Transaction (Month/Day/Year) 160 EXETER DRIVE 4. If Amendment, Date of Original Filed (Month/Day/Year) WINCHESTER VA 22603-8605 (City) (State) (Zip) 5. Transaction Date of Original Filed (Month/Day/Year) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially 1. Title of Security (Instr. 3) 2. Transaction Date (Month/Day/Year) 2. Transaction Execution Date, if any 3. Date of Earliest Transaction (Month/Day/Year) 4. If Amendment, Date of Original Filed (Month/Day/Year) 6. Inc. 1. Title of Security (Instr. 3) 4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)					Price	Transaction(s) (Instr. 3 and 4)		(Instr. 4)					
			0=4=00		0=4=0004			400		405.45	4.670.000		

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)			Acquired (D) (Instr	(A) or . 3, 4 and	5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership
			Code	v	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)		(Instr. 4)
Common Stock	05/17/2004	05/17/2004	S		100	D	\$35.45	1,679,986	D	
Common Stock	05/17/2004	05/17/2004	S		100	D	\$35.5	1,679,886	D	
Common Stock	05/17/2004	05/17/2004	S		100	D	\$35.2	1,679,786	D	
Common Stock	05/17/2004	05/17/2004	S		100	D	\$35.21	1,679,686	D	
Common Stock	05/17/2004	05/17/2004	S		100	D	\$35.35	1,679,586	D	
Common Stock	05/17/2004	05/17/2004	S		487	D	\$35.02	1,679,099	D	
Common Stock	05/17/2004	05/17/2004	S		600	D	\$35.05	1,678,499	D	
Common Stock	05/17/2004	05/17/2004	S		200	D	\$35.08	1,678,299	D	
Common Stock	05/17/2004	05/17/2004	S		100	D	\$35	1,678,199	D	
Common Stock	05/17/2004	05/17/2004	S		200	D	\$35.01	1,677,999	D	
Common Stock	05/17/2004	05/17/2004	S		100	D	\$35.04	1,677,899	D	
Common Stock	05/17/2004	05/17/2004	S		200	D	\$35.06	1,677,699	D	
Common Stock	05/17/2004	05/17/2004	S		100	D	\$35.03	1,677,599	D	
Common Stock	05/17/2004	05/17/2004	S		100	D	\$35.86	1,677,499	D	
Common Stock	05/17/2004	05/17/2004	S		100	D	\$34.9	1,677,399	D	
Common Stock	05/17/2004	05/17/2004	S		100	D	\$35.16	1,677,299	D	
Common Stock	05/17/2004	05/17/2004	S		200	D	\$35.18	1,677,099	D	
Common Stock	05/17/2004	05/17/2004	S		200	D	\$35.19	1,676,899	D	
Common Stock	05/17/2004	05/17/2004	S		100	D	\$35.15	1,676,799	D	
Common Stock	05/17/2004	05/17/2004	S		300	D	\$35.1	1,676,499	D	
Common Stock	05/17/2004	05/17/2004	S		200	D	\$35.14	1,676,299	D	
Common Stock	05/17/2004	05/17/2004	S		100	D	\$34.97	1,676,199	D	
Common Stock	05/17/2004	05/17/2004	S		100	D	\$34.95	1,676,099	D	
Common Stock	05/17/2004	05/17/2004	S		200	D	\$35.13	1,675,899	D	
Common Stock	05/17/2004	05/17/2004	S		100	D	\$35.12	1,675,799	D	
Common Stock	05/17/2004	05/17/2004	S		100	D	\$35.11	1,675,699	D	
Common Stock	05/17/2004	05/17/2004	S		100	D	\$35.17	1,675,599	D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Ta Date (Month/Day/Year)	Fife Prenty Periva Execution Date, if any (e.g., p (Month/Day/Year)	titye S Transa Utsee(ecuri action asls,	the sum of Warita Securit Acquire (A) or Dispos of (D)	ties ed	ifethteries Expiration Da Qualinabay/	igsedardi, ate agnvertib	Underly Derivat	/ing	Berivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)		#INSTUME ## 5) Derivat Securit Acquire (A) or Dispos (A)(D)	tive ties ed sed (D)	6. Date Exerc Expiration Da (Month/Day/) Date Exercisable	ate	Deriva	tof ies //Nogount io/e /Numstres	8. Price of Derivative Security (Instr. 5)	(Instination of derivative Securities Beneficially Owned Following Reported Transaction(s)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
Explanation	of Respons	es:				and 5)							(instr. 4)		
			class of securities				ectly (D)	o Pate irectly. Exercisable			MacDona or of Repor of of Shares	ing Person	05/19/200 Date	4	

^{**} Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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