FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

O	ИΒ	APPROVAL

OMB Number: 3235-0287 Estimated average burden hours per response: 0.5

Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(h)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*  WITTENBERG ROGER A				er Name <b>and</b> Tick X CO INC			Symbol		5. Relationship of Reporting Person(s) to Issu (Check all applicable)  Director $X$ 10% Own					
(Last) 160 EXET	(Fir	,	(Middle)	10/13	e of Earliest Transa /2003	`				belo	,	below		
(Street)				4. If Al	nendment, Date of	Origina	ı Filea	(Month/Da	ıy/Year)		ne)		Filing (Check A	
WINCHES	STER VA	<b>\</b>	22603-8605	_							Fori	n filed by Mor	Reporting Perse e than One Rep	
(City)	(St	ate)	(Zip)								Per	5011		
		Tab	le I - Non-De	rivative S	ecurities Acq	uired,	Dis	posed o	f, or Bene	eficia	ally Own	ed		
1. Title of Se	ecurity (Inst	r. 3)	Date	ansaction th/Day/Year)	Execution Date,		Code (Instr.		5)		nd Secu Bene Owne	5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
						Code	v	Amount	nt (A) or Pi		Trans	action(s) . 3 and 4)		, ,
Common S	Stock		10	/13/2003	10/13/2003	S		100	D	\$35	.92 1,4	71,700(1)	D	
Common S	Stock		10	/13/2003	10/13/2003	S		100	D	\$37	.02 1,4	71,600(1)	D	
Common S	Stock		10	/13/2003	10/13/2003	S		100	D	\$3	6 1,4	71,500(1)	D	
Common S	Stock		10	/13/2003	10/13/2003	S		100	D	\$36	.31 1,4	71,400(1)	D	
Common S	Stock		10	/13/2003	10/13/2003	S		100	D	\$36	5.3 1,4	71,300(1)	D	
Common S	Stock		10	/13/2003	10/13/2003	S		100	D	\$36	.24 1,4	71,200(1)	D	
Common S	Stock		10	/13/2003	10/13/2003	S		100	D	\$36	.25 1,4	71,100(1)	D	
Common S	Stock		10	/13/2003	10/13/2003	S		100	D	\$35	.21 1,4	71,000(1)	D	
Common S	Stock		10	/13/2003	10/13/2003	S		150	D	\$35	.55 1,4	70,850(1)	D	
Common S	Stock		10	/13/2003	10/13/2003	S		200	D	\$36	.76 1,4	70,650(1)	D	
Common S	Stock		10	/13/2003	10/13/2003	S		100	D	\$35	.67 1,4	70,550(1)	D	
Common S	Stock		10	/13/2003	10/13/2003	S		100	D	\$35	5.9 1,4	70,450(1)	D	
Common S	Stock		10	/13/2003	10/13/2003	S		100	D	\$35	.92 1,4	70,350(1)	D	
Common S	Stock		10	/13/2003	10/13/2003	S		100	D	\$34	.06 1,4	70,250(1)	D	
Common S	Stock		10	/13/2003	10/13/2003	S		100	D	\$35	.06 1,4	70,150(1)	D	
Common S	Stock		10	/13/2003	10/13/2003	S		100	D	\$3	6 1,4	70,050(1)	D	
Common S	Stock		10	/13/2003	10/13/2003	S		100	D	\$35	.83 1,4	69,950(1)	D	
Common S	Stock		10	/13/2003	10/13/2003	S		100	D	\$36	.39 1,4	69,850(1)	D	
Common S	Stock		10	/13/2003	10/13/2003	S		100	D	\$36	.55 1,4	69,750(1)	D	
Common S	Stock		10	/13/2003	10/13/2003	S		150	D	\$35	5.4 1,4	69,600(1)	D	
Common S	Stock		10	/13/2003	10/13/2003	S		100	D	\$36	.76 1,4	69,500(1)	D	
Common S	Stock		10	/13/2003	10/13/2003	S		100	D	\$36	.65 1,4	69,400(1)	D	
Common S	Stock		10	/13/2003	10/13/2003	S		100	D	\$36	.08 1,4	69,300(1)	D	
		Ta			curities Acqui Is, warrants, o						y Owned	I		
Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Yea	4. Transacti Code (Ins	5. Number on of		xercis	able and	7. Title and Amount of Securities Underlying Derivative Security (Ins and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)

		Та	ble II						ired, Disp options, o			ior i	r			
1. Title of	2.	3. Transaction	3A. De		<b>⊈</b> ode		(5A)Nu	m(150e)r	Expertes Ebrier	isΩaddee and		a66 Iodares	8. Price of	9. Number of	10.	11. Nature
	Conversion of Elespisas			ion Date,	Transa Code (		Deriv	ative	Expiration Do (Month/Day/)		Amour Securit		Derivative Security	derivative Securities	Ownership Form:	Beneficial
(Instr. 3) 1. Does not in	Price of chide Indirect	Beneficial Ownershi	y (Manth	<b>/Day/Year)</b> Shares by w	i <b>8)</b> ⁄ife. Mr.	Witten	Secu bekg di	rities Claums	beneficial own	ership of thes	Underle Deriva	ying es, and this	( <b>instr. 5)</b> report shall n	Beneficially of be deemed an a Owned	Direct (D) or Indirect	Ownership he reporting (instr. 4)
person is the	beneficial owners	er of such securities f	or purpos	ses of Section	n 16 or a	any oth	er (AA) B	ose.			Securit	ty (Instr. 3		Following	(I) (Instr. 4)	(IIISti. 4) -
		e <b>(Month/Day/Year)</b> Beneficial Ownershi er of such securities f					Dispo	osed )		<u>L</u> y	nn E. I	MacDona	ld	Rer 10/14/200	<u>3</u>	
							(Instr	. 3, 4				e of Repor	ing Person	(Instrate		
Reminder: F	eport on a se	parate line for each	class o	f securities	benefic	cially ov	and 5	) lirectly	or indirectly.		_					
* If the form	is filed by mo	e than one reportir	g perso	n, see Insti	uction 4	4 (b)(v)										
** Intentiona	l misstatemer	ts or omissions of	acts cor	nstitute Fed	leral Cri	minal \	√iolatio	ns Se	e 18 U.S.C. 10	001 and 15 U	J.S.C. 78	Bff(a).				
Note: File th	ree copies of	this Form, one of w	hich mu	st be manu	ally sig	ned. If	space	is insu	ficient, see In	struction 6 f	r proce	d <b>Alifi</b> lount				
Persons wh	o respond to	the collection of	informa	tion conta	ined in	this fo	rm ar	e not r	equired to re	spond unle	ss the f	orm displa	ys a currer	tly valid OMB I	lumber.	
					Code	v	(A)	(D)	Date Exercisable	Expiration Date		of Shares				