FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

OMB APPROVAL										
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1. Name and Address of Reporting Person* MATHENY ROBERT G					er Name and Ticke			ymbol	(Chec	Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner					
(Last) 160 EXETER DI	(First)	(Middle)		3. Date 09/02	e of Earliest Transa /2004	ction (M	onth/[Day/Year)	X	Officer (give title below) Chairman and CEO					
(Street) WINCHESTER	VA	22603-860		4. If An	nendment, Date of	Original	Filed	(Month/Day/\	6. Indi Line)	vidual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person					
(City)	(State) (Zip)											Form filed by More than One Reporting Person			
		Table I - Non	-Derivat	tive S	ecurities Acq	uired,	Dis	osed of,	or Ben	eficially	Owned				
1. Title of Security	2. Transaction Date (Month/Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Disposed Of 5)			5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership				
				Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(Instr. 4)				
Common Stock			09/02/2	004	09/02/2004	S		100	D	\$43.75	1,296,200(1)	D			
Common Stock		İ	09/02/2	004	09/02/2004	S		100	D	\$43.41	1,296,100(1)	D			
Common Stock			09/02/2004		09/02/2004	S		100	D	\$44.23	1,296,000(1)	D			
Common Stock			09/02/2	004	09/02/2004	S		100	D	\$44.05	1,295,900(1)	D			
Common Stock		09/02/2	004	09/02/2004	S	S :		D	\$43.86	1,295,700(1)	D				
Common Stock		09/02/2004		09/02/2004	S		100	D	\$44.06	1,295,600(1)	D				
Common Stock			09/02/2004		09/02/2004	S		100	D	\$44.03	1,295,500(1)	D			
Common Stock			09/02/2	004	09/02/2004	S		100	D	\$44.1	1,295,400(1)	D			
Common Stock			09/02/2	004	09/02/2004	S		100	D	\$43.91	1,295,300(1)	D			
Common Stock	ommon Stock		09/02/2004		09/02/2004	S		100	D	\$43.74	1,295,200(1)	D			
Common Stock	ommon Stock		09/02/2004		09/02/2004	S		100 D \$		\$43.41	1,295,100(1)	D			
Common Stock			09/02/2	004	09/02/2004	S		100	D	\$44.23	1,295,000(1)	D			
Common Stock			09/02/2	004	09/02/2004	S		100	D	\$44.04	1,294,900(1)	D			
Common Stock			09/02/2	004	09/02/2004	S		100	D	\$43.89	1,294,800(1)	D			
Common Stock			09/02/2	004	09/02/2004	S		100	D	\$43.85	1,294,700(1)	D			
Common Stock			09/02/2	004	09/02/2004	S		100	D	\$44.03	1,294,600(1)	D			
Common Stock			09/02/2	004	09/02/2004	S		100	D	\$44.1	1,294,500(1)	D			
Common Stock			09/02/2	004	09/02/2004	S		200	D	\$43.98	1,294,300(1)	D			
Common Stock			09/02/2	004	09/02/2004	S		100	D	\$43.73	1,294,200(1)	D			
Common Stock			09/02/2	004	09/02/2004	S		100	D	\$43.41	1,294,100(1)	D			
Common Stock			09/02/2	004	09/02/2004	S		100	D	\$44.23	1,294,000(1)	D			
Common Stock			09/02/2	004	09/02/2004	S		100	D	\$44.05	1,293,900(1)	D			
Common Stock			09/02/2004		09/02/2004	S		100	D	\$43.86	1,293,800(1)	D			
Common Stock			09/02/2	004	09/02/2004	S		100	D	\$44.01	1,293,700(1)	D			
Common Stock			09/02/2	004	09/02/2004	S		100	D	\$44.09	1,293,600(1)	D			
Common Stock			09/02/2	004	09/02/2004	S		100	D	\$44.03	1,293,500(1)	D			
Common Stock				004	09/02/2004	S		100	D	\$44.1	1,293,400(1)	D			
Common Stock			09/02/2	004	09/02/2004	S		100	D	\$43.9	1,293,300(1)	D			
					urities Acquir ls, warrants, o						wned				

1. Title of Derivative Security (Instr. 3)	Price of Derivative	3. Transaction Ta Date (Month/Day/Year)	Bile Prent Execution Date, if any (e.g., p)	tive S Transa Ut&JeQ 8)	ecuri etion alls,	Secui Acqu	r ities ired	ife Ates is a control of the control	issed=ଅଟି, o te anvertib	Underl Deriva	ying tive	y8 Ovinget Derivative Security (Instr. 5)	Beneficially Owned	10. Ownership Form: Direct (D) or Indirect	11. Nature of Indirect Beneficial Ownership (Instr. 4)
1. Title of Derivative Security (Instr. 3)	Security Z. Conversion or Exercise Price of Derivative	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)				6. Date Exerc Expiration Da (Month/Day/Y	Security (Instr. 3 and 45 and Amount of Securities Underlying Derivative		8. Price of Derivative Security (Instr. 5)	Following Reported Transaction(s) Transaction(s) Recuirities Beneficially Owned	(I) (Instr. 4) Ownership Form: Direct (D) or Indirect	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
	Security			Code	v	(A) or Dispo of (D) (Instr and 5 (A)	sed 3, 4	Date Exercisable	Expiration Date	Securi and 4)	y (Instr.3 Amount or Number of Shares		Following Reported Transaction(s) (Instr. 4)	(I) (Instr. 4)	
'	of Respons										Amount or				
	1. Does not include Indirect Beneficial Ownership of 1000 shares by wife. Mr. Matheny disclaims beneficial ownership of these securities, Number eport shall not be deemed an admission that the reporting person is the beneficial owner of such securities for purposes of Section 16 or any other purpose. Code V (A) (D) Exercisable Date Title Shares														

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

 $^{^{\}star}$ If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

^{**} Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).