FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

| hington, [ | D.C. 2054 | .9 |  |
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| OMB APPRO             | JVAL      |  |  |  |  |
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| OMB Number:           | 3235-0287 |  |  |  |  |
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| hours per response:   | 0.5       |  |  |  |  |

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| 1. Name and Address of Reporting Person*  JUSTER KRISTINE L  |   |         |         |   |                 |                      |  |   |                 |        |                        |  |  | 5. Relationship of Reporting Person(s) to Issuer (Check all applicable) |  |  |   |                    |     |
|--|---|---------|---------|---|-----------------|----------------------|--|---|-----------------|--------|------------------------|--|--|---|--|--|---|--------------------|-----|
| ———  |   |         |         |   | 3 Da            | ite of F             | arliest  | Trans   | action (N       | Month  | /Day/Vear)             |  |  | X   | Office   | er (give title   |   | 10% Ov<br>Other (s | · I |
| (Last) (First) (Middle) 160 EXETER DRIVE   |   |         |         | 3. Date of Earliest Transaction (Month/Day/Year) 04/01/2020   |                 |                      |  |   |                 |        |                        |  | below)   |   |  | below)   |   |                    |     |
| (Street)   |   |         | 4. If A | 4. If Amendment, Date of Original Filed (Month/Day/Year)  6. Individual or Joint/Group Filing (Check Applicable Line)  X Form filed by One Reporting Person |                 |                      |  |   |                 |        |                        |  | ·  |   |  |  |   |                    |     |
| WINCHESTER VA 22603-8605   |   |         |         |   |                 |                      |  |   |                 |        |                        |  |  | Form filed by More than One Reporting Person                            |  |  |   |                    |     |
| (City)   | (St   | ate) (2 | Zip)    |   |                 |                      |  |   |                 |        |                        |  |  |   |  |  |   |                    |     |
|  |   | Table   | I - No  | n-Deriva  | tive S          | Secu                 | rities   | Acq   | uired,          | Dis    | posed of               | , or E                                       | 3ene   | ficiall   | y Own  | ed   |   |                    |     |
| 1. Title of Security (Instr. 3)  2. Transact Date (Month/Day   |   |         |         |   | Execution Date, |                      | Date,  | 3.<br>Transaction<br>Code (Instr. 8)  4. Securities Acquired (A<br>Disposed Of (D) (Instr. 3,<br>5) |                 |        | 4 and Securi<br>Benefi |  | ties Fo<br>cially (D<br>d Following (I)  |   | : Direct<br>Indirect<br>str. 4)  | 7. Nature<br>of Indirect<br>Beneficial<br>Ownership<br>(Instr. 4)  |   |                    |     |
|  |   |         |         |   |                 |                      |  | Code  | v               | Amount | (A)<br>(D)             | or P   | rice   | Transa  | ction(s)<br>3 and 4)   |  |   | (111501. 4)        |     |
| Common Stock 04/01/2   |   |         |         | 2020  |                 |                      |  | A <sup>(1)</sup>  |                 | 137 A  |                        | .   \$                                       | 71.67  | 7 878   |  |  | D |                    |     |
| Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) |   |         |         |   |                 |                      |  |   |                 |        |                        |  |  |   |  |  |   |                    |     |
| 1. Title of<br>Derivative<br>Security<br>(Instr. 3)  | Derivative Conversion Date Security or Exercise (Month/Day/Year) Execution Date, if any |         |         | Transaction<br>Code (Instr.<br>8) Se<br>Ac<br>(A)<br>Dis  |                 | osed<br>)<br>r. 3, 4 | 6. Date Exercis<br>Expiration Dat<br>(Month/Day/Ye |   | e Amount of     |        | De<br>Se<br>(Ir        | Price of<br>erivative<br>ecurity<br>estr. 5) | 9. Number<br>derivative<br>Securities<br>Beneficially<br>Owned<br>Following<br>Reported<br>Transaction<br>(Instr. 4) | y [0  | 10.<br>Ownership<br>Form:<br>Direct (D)<br>or Indirect<br>(I) (Instr. 4) | 11. Nature<br>of Indirect<br>Beneficial<br>Ownership<br>(Instr. 4) |   |                    |     |
|  |   |         |         |   | Code            | v                    | (A)  | (D)   | Date<br>Exercis | able   | Expiration<br>Date     | Title  | Amo<br>or<br>Num<br>of<br>Shar   | ber   |  |  |   |                    |     |

## **Explanation of Responses:**

1. This restricted award will vest on the first anniversary of the grant.

/s/ William R. Gupp by power of attorney

\*\* Signature of Reporting Person Date

04/02/2020

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.