FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL

OMB Number: 3235-0287 Estimated average burden hours per response: 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person MATHENY ROBERT G						X CO INC			Буппрог		Check all ap	oplicable) ector	Owner						
(Last) 160 EXETER	t) (I			3. Date of Earliest Transaction (Month/Day/Year) below) 08/12/2004 Chairman and CEO									(specify)						
(Street) WINCHESTER VA 22603-8605						nendment, Date of	Original	Filed	(Month/Da		6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting								
(City)	(State	e) (2	Zip)										Person						
		Tabl	e I - Non	-Deriv	ative S	ecurities Acq	uired,	Disp	posed o	f, or Ben	efici	ally Own	ed						
1. Title of Security (Instr. 3)				2. Transaction Date (Month/Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		5)			nd Secu Bene Own Repo		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)				
							Code	v	Amount	(A) or (D)	Price	Trans (Inst	action(s) : 3 and 4)						
Common Stock		08/12/2004		08/12/2004	S		100	D	\$4	1.6 1,3	314,200 ⁽¹⁾	D							
Common Stock	k			08/12	/2004	08/12/2004	S		100	D	\$41	.76 1,3	314,100 ⁽¹⁾	D					
Common Stock	k			08/12	/2004	08/12/2004	S		100	D	\$41	.59 1,3	314,000 ⁽¹⁾	D					
Common Stock	k			08/12	/2004	08/12/2004	S		100	D	\$41	.53 1,3	313,900(1)	D					
Common Stock				08/12/2004		08/12/2004	S		100	D	\$41	.87 1,3	313,800(1)	D					
Common Stock	k			08/12	/2004	08/12/2004	S		200	D	\$41	.85 1,3	313,600 ⁽¹⁾	D					
Common Stock	k			08/12	/2004	08/12/2004	S		100	D	\$42	.04 1,3	313,500 ⁽¹⁾	D					
Common Stock	k			08/12	/2004	08/12/2004	S		100	D	\$4	1.8 1,3	313,400(1)	D					
Common Stock	k			08/12	/2004	08/12/2004	S		100	D	\$41	.93 1,3	313,300(1)	D					
Common Stock	k			08/12	/2004	08/12/2004	S		100	D	\$41	.61 1,3	313,200(1)	D					
Common Stock	k			08/12	/2004	08/12/2004	S		100	D	\$4	1.6 1,3	313,100(1)	D					
Common Stock	k			08/12	/2004	08/12/2004	S		100	D	\$41	.76 1,3	313,000(1)	D					
Common Stock				08/12	/2004	08/12/2004	S		100	100 D \$.55 1,3	312,900 ⁽¹⁾	D					
Common Stock		08/12	/2004	08/12/2004	S		100			1.8 1,3	312,800(1)	D							
Common Stock		08/12	/2004	08/12/2004	S		300	D	\$42	.01 1,3	312,500(1)	D							
Common Stock				08/12/2004		08/12/2004	S		300	D	\$42	.02 1,3	312,200(1)	D					
Common Stock	k			08/12	/2004	08/12/2004	S		100	D	\$42	.03 1,3	312,100 ⁽¹⁾	D					
Common Stock				08/12/2004		08/12/2004	s 200		200	D	\$4	1,3	311,900(1)	D					
Common Stock				08/12/2004		08/12/2004	S		100	0 D \$		2.1 1,3	311,800 ⁽¹⁾	D					
Common Stock	k			08/12	/2004	08/12/2004	S		100	D	\$42	.04 1,3	311,700(1)	D					
Common Stock	k			08/12	/2004	08/12/2004	S		100	D	\$41	.83 1,3	311,600(1)	D					
Common Stock				08/12/2004		08/12/2004	S		100	D	\$41	.91 1,3	311,500(1)	D					
Common Stock	k			08/12	/2004	08/12/2004	S		200	D	\$4	1.9 1,3	311,300(1)	D					
		Та				urities Acqui ls, warrants, (y Owned	i		,				
1. Title of Derivative Conversion Date Courity or Exercise (Month/Day/Year) 3A. Deem Execution if any		3A. Deemed	ed 4. Transactio Code (Insti		5. Number of	6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction((Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)					

		Та	ble II						ired, Disp options, (ior i	r			
1. Title of	2.	3. Transaction	3A. De		⊈ ode		(5A)Nu	m(150e)r	Expertes Ebrier	ist⊋abtlee and		a®alodares	8. Price of	9. Number of	10.	11. Nature
	Genversion of Elespisas	e(Month/Day/Year)	if any	ion Date,	Transa Code (Of Deriv	ative	Expiration Do (Month/Day/)		Amour Securit		Derivative Security	derivative Securities	Ownership Form:	Beneficial
(Instr. 3) 1. Does not in	Price of	Beneficial Ownershi	of of the	/Day/Year) Shares by v	vife. Mr.	Mather	Secu Y (USC)	rities aims be	eneficial owners	ship of these s	Underl	ying and this re	(Instr. 5) port shall not	Beneficially be deemed an adn Owned	Direct (D)	Ownership (Instr. 4)
person is the	beneficial owne	Beneficial Ownershi er of such securities f	or purpo	ses of Section	n 16 or a	any oth	er (AG)rB	ose.		-	Securi	ty (Instr. 3		Following	(I) (Instr. 4)	(INSU: 4)
							Dispo	osed				MacDona (<u>ld</u>	Rer _{08/16/200}	4	
							(Instr	. 3, 4		**	I \$ignatur	e of Repor	ing Person	(Instrate		
Reminder: F	eport on a se	parate line for each	class o	f securities	benefic	ially o	and 5	i) lirectly	or indirectly.		Ľ		Ĭ			
* If the form	is filed by mo	e than one reportir	g perso	n, see Insti	uction 4	4 (b)(v)			-							
** Intentiona	misstatemer	ts or omissions of	acts co	nstitute Fed	leral Cri	minal \	√iolatio	ons See	e 18 U.S.C. 10	01 and 15 l	J.S.C. 78	Bff(a).				
Note: File th	ree copies of	this Form, one of w	hich mu	ıst be manı	ally sig	ned. If	space	is insu	ficient, see In	struction 6 f	r proce	d Alf Rount				
Persons wh	o respond to	the collection of	informa	ation conta	ined in	this fo	rm ar	e not r	equired to re	spond unle	ss the f	offin displa	ys a currer	tly valid OMB I	lumber.	
					Code	v	(A)	(D)	Date Exercisable	Expiration Date		of Shares				