FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL OMB Number:

Estimated average burden hours per response: 0.5

5. Relationship of Reporting Person(s) to Issuer

Check this box if no longer subject to	
Section 16. Form 4 or Form 5	
obligations may continue. See	
Instruction 1/h)	

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

2. Issuer Name **and** Ticker or Trading Symbol

Name and Address of Reporting Person*     CAVANNA ANTHONY J														k all ap Dire	nship of Reporting Person(s) to Issuer applicable)  Director X 10% Owner				
(Last) 160 EXE	(Fii TER DRIV	3. Date of Earliest Transaction (Month/Day/Year) 10/29/2003								X	Officer (give title below)  Executive Vice President								
(Street) WINCHESTER VA 22603-8605						4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable Line)     X Form filed by One Reporting Person     Form filed by More than One Reporting					
(City)	(St	ate) (	Zip)										Person						
		Tabl	le I - Non	-Deriva	ative S	Securitie	s Ac	quired,	Dis	posed o	f, or Be	enefic	cially	Own	ed				
1. Title of Security (Instr. 3)				2. Transaction Date (Month/Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transa Code ( 8)	(Instr.	4. Securities Acquired (ADisposed Of (D) (Instr. 35)			and	5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)				
								Code	٧	Amount	(A) o (D)	Pri	ce		3 and 4)				
Common Stock				10/29/	/2003	10/29	/2003	S		100	D	\$3	35.69	1,	345,472	D			
Common	Stock			10/29/		10/29	/2003	S		100			36.6	1,845,372		D			
Common				10/29/2003		10/29	/2003	S		100 D \$		\$3	35.61	1 1,845,272		D			
Common Stock				10/29/2003		10/29	/2003	S		164 D		\$	35.7	1,	345,108	D			
Common	Stock			10/29/	2003	10/29	/2003	S		300	D	\$3	35.75	1,	344,808	D			
Common	Stock			10/29/	2003	10/29	/2003	S		100	D	\$3	34.77	1,	344,708	D			
Common	Stock			10/29/	/2003	10/29	/2003	S		100	D	\$3	36.43	1,	344,608	D			
Common	Stock			10/29/	2003	10/29	/2003	S		100	D	\$3	35.48	1,	344,508	D			
Common	Stock			10/29/	2003	10/29	/2003	S		100	D	\$3	35.47	1,	344,408	D			
Common	Stock			10/29/	2003	10/29	/2003	S		100	D	\$3	34.49	1,	344,308	D			
Common	Stock			10/29/	2003	10/29	/2003	S		100	D	\$3	34.43	1,	344,208	D			
Common	Stock			10/29/	2003	10/29	/2003	S		100	D	\$	34.4	1,	344,108	D			
Common	Stock			10/29/	2003	10/29	/2003	S		100	D	\$3	36.52	1,	344,008	D			
Common	Stock			10/29/	2003	10/29	/2003	S		100	D	\$	36.2	1,	343,908	D			
Common Stock				10/29/2003		10/29	/2003	S	s 100		D	\$3	\$35.35		343,808	D			
Common Stock				10/29/2003		10/29	/2003	S	s 100		D	\$3	\$35.82		343,708	D			
Common Stock				10/29/2003		10/29/2003		S		100	D	\$	\$35.8		343,608	D			
Common Stock				10/29/2003		10/29/2003		S		100	D	D \$35.8		88 1,843,508		D			
Common Stock				10/29/2003		10/29/2003		S	10		D	D \$35		5.85 1,843,408		D			
Common Stock				10/29/2003		10/29/2003		S	S 1		D	D \$35		5.05 1,843,308		D			
Common Stock				10/29/2003		10/29/2003		S	200		D	D \$35.		5.97 1,843,108		D			
Common Stock			10/29/2003		10/29	10/29/2003			100	D	\$3	34.98	1,843,008		D				
		Ta	able II - D							sed of, onvertib				wned		,	·		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)		4. Fransact Code (In:	5. Number on of			xercis	sable and e	7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. P Der Sec (Ins	rice of ivative urity tr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transactions (Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
					Code V			Date Exercisa		Expiration Date	Amoul or Number of Title Shares								

Lynn E. MacDonald

10/31/2003

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.